



The Belmont News

Strive For The Highest

Issue No. 11

belmont.hs@edumail.vic.gov.au

Friday 10 August, 2018

PRINCIPAL'S REPORT

Student Free Day

On Tuesday 7 August, our school organised James Anderson, author of the Agile Learner, to work with our School Leaders. Teachers had an opportunity to work in teams or individually developing curriculum and positive learning opportunities for all students.

Wakakirri

The Wakakirri team represented us proudly as they performed at the Moonee Ponds Clocktower on 26 July. The students had practiced during the year, leading up to the performance with the support and expertise of Ms Jennifer Alvarez. On the night, the students danced very well, telling a story through their dance. It was thoroughly entertaining, with our students presented with two awards on the night.

Congratulations to all the students involved and to Jennifer Alvarez for all her work in mentoring and encouraging the students.

Upcoming Events

I am looking forward to the Music Competition, which will occur on Friday 10 August. The House teams have been practicing and working diligently on their performance. This event is one of the highlights of term 3 and our final inter-house competition for the year.

Congratulations to our Jazz Syndicate who were chosen to perform at the upcoming Secondary Principals Conference in Melbourne. This is a fantastic state wide recognition for our School Music program. Well done and all the best.

PARENT OPINION SURVEY—REMINDER

The Parent Opinion Survey is an annual survey offered by the Department of Education and Training that is conducted amongst a sample of randomly selected parents. It is designed to assist schools in gaining an understanding of parents' perceptions of school climate, student behaviour and student engagement. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

If you were one of the randomly selected parents asked to complete this survey we ask if you could please complete it by 26th August.

We encourage you to take the time to assist Belmont High School in making informed decisions around planning and improvement strategies. Thank you to those who have already done this.

Sandra Eglezos
Principal

CALENDAR OF EVENTS

2018

Monday 13 August

General Assembly

Tuesday 14 August

Yr 9 Italian excursion, Lygon Street
VCAL Ministry of Food
School Council meeting, 6pm

Wednesday 15 August

Yr 8 Green, Form activity

Thursday 16 August

AIME Indigenous excursion

Friday 17 August

Monday 20 August

House Assemblies

Tuesday 21 August

Vic Music Festival JAZZ section
VCAL Ministry of Food

Wednesday 22 August

Yr 9 Gordon TAFE & Deakin Uni, pm

Thursday 23 August

Year 10 immunisations

Friday 24 August

CURRICULUM DAY—no classes

CURRICULUM DAY—Friday, 24 August 2018
The School Office will be closed on this day.

PARENT/TEACHER INTERVIEWS—Thursday, 20 September
(student free day)

END OF TERM 3—Friday 21 September, students dismissed at 12.45pm

HOMESTAY ACCOMMODATION WANTED

A male student, 17 years old in Year 11, is coming from Brazil and requires homestay from 23rd November until 3rd December this year. The payment will be \$300 per week.

Please contact Kate Dangerfield on 5243 5355 if interested.

24 hr STUDENT ABSENCE LINE

5241 0090

Parents only to call to report student's name, house/form, reason for absence, and date.

Parents can also report absences on Compass.

Department of Education and Training guidelines require schools to contact parents/carers as soon as practicable on the same day of an unexplained student absence. Parents are required to contact the school or update Compass to explain all absences.

PARENT/TEACHER/STUDENT INTERVIEWS

The Parent/Teacher/Student interviews and end of term 3 arrangements are now confirmed as follows:

Parent/Teacher/Student Interviews—Thursday 20th September, 12.00—7.00pm (this is a student-free day)

End of Term 3—classes as usual in the morning, students dismissed at 12.45pm.

Michael Caccamo

Assistant Principal

SPORTS NEWS

Congratulations to Tanner Anderson who recently got back from representing Australia in the inline Hockey World Championships over in Italy.

On the 10th of July Tanner left to go to Italy, after the 36 hours of traveling he arrived in Italy for the upcoming tournament. Some of the teams he versed in the tournament were from China, Taipei, Canada, Germany, China, Columbia and Germany.

Germany was by far the most exciting game that Tanner played in the tournament. The score had been on 2 goals each for the whole game and Tanner scored the winning goal for Australia! He then went on to receive the MVP award from his team mates. After his amazing efforts Tanner and his team returned home on the 23rd of July. Congratulations Tanner on such an incredible achievement!

On the 26th July 6 sports teams went out to represent Belmont High School in a range of different sports. A big well done to the Senior boys table tennis team, the senior boys and girls badminton teams, the senior boys netball team and the senior girls soccer team for all making it through to the Western Metropolitan round.

Congratulations to the intermediate girls football team who came runners up at the western metropolitan round.

Good luck to the Senior girls badminton team who will be going to the state round on the 16th of August.

Hayley Rowe and Jett Flexman

School Sports Captain

SAFETY IN OUR SCHOOL

Lockdown Practice

On Thursday 2nd August 2018, under the leadership of the school's OHS Manager Jo Treble, Belmont High School conducted a practice "out of class lockdown" towards the end of lunchtime. The school notified parents via Compass prior to the practice drill. Students and staff were able to respond quickly and the school was locked down in a very efficient manner. At our General Assembly on Monday 6th August, Michael Caccamo gave positive feedback to students and staff.

We welcome feedback from student, staff and parents in order to continue to improve the school Emergency Management Procedures.



Lockdown Wardens preparing for Lockdown Practice

YEAR 11 AND 12 DATES TO NOTE:

Yr 12 last day of classes: 22 October

Yr 12 Celebration Day: 23 October

Yr 12 exams: 31 October—21 November

Yr 11 exams: 25 October—31 October. No Year 11 classes

Yr 10/11 2018 Early Commencement Program: 22 Nov—5 Dec

Awards Day: 17 December

SRC HOMELESSNESS AWARENESS INITIATIVE

The Belmont High School Student Representative Council have decided to support The Road Home Geelong Project awareness campaign in two main ways;

- Organising for the BHS community to donate unwanted warm clothing, accessories and blankets.
- Highlighting the problem of homelessness by running a poster competition that any student can enter.

According to the ABC news website there were 101 people homeless in Belmont in 2016 (ABS data). It is estimated that over 800 people are homeless in the Geelong area at present. These figures include people "sleeping rough" and also those "couch surfing", in shelters and other types of temporary accommodation and may not reflect the extent of homelessness as the real number can be hard to detect.

The SRC would like the support of parents in looking through their cupboards for unwanted (good condition and clean) warm clothing and blankets. These can be dropped into the library by students or to the general office by parents over the next week.

Thankyou to those that have already kindly donated items. More information on the Road Home Project can be found at www.theroadhome.net.au



Emily, Rosie and Jeremy (SRC) with some of the donations received so far.

YEAR 7 READERS' CUP COMPETITION

We have been running the Readers' cup for TEN YEARS now and it is still as exciting as ever. Teams consisting of Year 7s representing their class met on Friday 27th July to answer questions on the set novels and watch the book trailers they had created.

Congratulations to our top three placegetters who will be enjoying a pizza lunch for their efforts:

1st - 7 M - Izzy Hawkes, Kyle Funston, Flore Mendoza, Toby Davidson (what a way to celebrate his birthday!), Levi Nicholson and Isla Anderson

2nd - 7 Y - Archie Mills, Alistair Breakey, Sammy Muspratt, Lily Pitman-Jones, Marius Dyer and Noah Mitchell

3rd - 7R - Grace Pratt, Luke Schmidt, John Cody and Kiah Bentley-Clough



Special thank you to our scorers Mrs Tippett, Mrs McGrath and James and Akanksha from 8S (who participated in the Year 7 competition last year).

It will be time for the Year 8 Readers' Cup competition before we know it!

Ms Suter and Ms McCarthy



TOP 100 YOUNG ADULT BOOKS

<https://www.goodreads.com/blog/show/1324>

The wonderful people at Goodreads have put together a list of the top 100 Young Adult books - all of which have a minimum of 4 out of 5 rating. (Only the first books in a series were chosen to make room for others). How many of the 100 have you read? Ms Suter's read 43 - she'd better lift her game!

We have most here in the library and would love to hear if there are any on the list that we don't have that you think we should. (Please note that there may be age restrictions on some titles).

Ms Suter and Ms McCarthy

PARENTS ASSOCIATION

Any unsold uniforms and/or books which are not collected by the end of Term 3 will become the property of the Parents Association.

Please encourage your children to visit Lost Property before the end of term 3 as any general lost property, ie. casual clothing, jewellery, drink bottles etc, will be donated to Op Shops at the start of Term 4. The majority of lost school clothing will become Parents Association property at the end of Term 3. These timeframes are necessary to prepare for the end of year sale.

If you have any questions please contact Jo Read, 0411 274 945.

MUSIC NEWS

Intermediate Music Camp

Last Monday and Tuesday around 28 music students and 5 staff travelled down to Angahook Holiday Camp in Airey's Inlet for the annual Intermediate Music Camp. Students participated in intensive rehearsals, tutorials, a percussion workshop, a night walk, campfire (complete with some serious marshmallow toasting!) and the low ropes course. Unfortunately, we were unable to try out the giant swing due to heavy rain. Maybe next year!

As usual, we concluded the camp with a family BBQ and concert to celebrate the students' achievements. Thanks to all the Intermediate Band and Intermediate Jazz Ensemble students for your hard work and co-operation over the two days.

Thanks also to the wonderfully generous music staff who attended and helped lead the activities: Rose Humphrey, Rohan Laird, Chris Henzen and Donna Zaharopoulos. They certainly made my job easier with their support! We also had a fabulous team of parents who assisted with the food and clean-up. Thanks to Ann Roberts, Fay Valcanis, Catherine Davidson, Jackie Hollins, Michael Jansen, Gareth Roberts, Michael Ingwersen and Adele McKiernan. An extra special thanks must go to parent Jane Stevens who not only assisted with the grocery shopping and BBQ but also cooked a very tasty Bolognese sauce for our Monday night dinner! We really appreciate the efforts of all the parents who assisted and made the camp more enjoyable for everyone. Now it's time for the bands to present their well-rehearsed pieces as part of the Victorian Schools Music Festival (VSMF). Best of luck to all the groups who will be performing.



Amanda Linton
(Intermediate Band and Intermediate Jazz Ensemble director)

NATIONAL SCIENCE WEEK

www.scienceweek.net.au

Family Science Games Night

Come along to an exciting evening of science games! Deakin University will be hosting a Family Science Games Night where families can play a range of science educational games. Attendance is FREE but to secure your place please register at: <https://blogs.deakin.edu.au/steme/2018/07/09/familysciencegamesnight/> Wednesday 15th August, 6.30-9.00pm—Deakin University Geelong, 75 Pidgions Rd, Waurn Ponds

The Humans in Geelong Writing Competition 2018.

Kids - 'Discover your Inner Journalist'

You could win a \$100 or \$50 JB Hi-Fi Voucher

Three age categories - High School, Upper Primary School Gr 3-6, Lower Primary P – Gr 2.

First Prize \$100 and Second Prize \$50 will be awarded to each category.

The stories are to be factual, with a 400 word limit, about an inspiring person in your local community who is making a difference. If possible, feature someone who is originally from a different culture. It might be a coach, relative, neighbour, friend or volunteer.

First prize winners will have their stories published in Humans in Geelong

www.humansingeelong.com (subject to editing and gaining permission from the person featured)

Stories **MUST** be emailed with **ENTRY** in the subject line to humansingeelong@gmail.com by **Sunday 9th September**, stating your Full Name, Year Level and School.

Read a few of Humans in Geelong's 250+ stories to gain inspiration and Good Luck!

www.humansingeelong.com

Winners are to be announced at the Humans in Geelong Expo 2018



Alexander Thomson Cricket Club THE VIKINGS



Play cricket at the family club Alexander Thomson Cricket Club

WHAT: SEASON 2018/2019 REGISTRATION

WHEN: FRIDAY AUGUST 31ST

**WHO: U11 – U13 5.30pm – 6.30pm U15 – U17
6.30pm – 7.30pm**

WHERE: Clubrooms Roslyn Road, Highton

(Oval adjacent to Highton shopping centre, next to Highton Woolworths)

COST: \$100 Eftpos/Cash/Direct credit (club cap includ, sibling discount available)

ALL WELCOME

2018/2019 Milo In2 Cricket 5 to 8 yr olds & Milo T20 Blast 7-12 yr olds

Simply visit playcricket.com.au for information, select where can I play **3216**, select **Alexander Thomson**, register & pay.
Enquires: Jacinta Rodda, Junior Co-ordinator Ph 0411 285 570



Come along & enjoy local cricket with your girlfriends!



GEELONG GIRLS LEAGUE

JUNIOR CRICKET 1

9 - 14 YO

JUNIOR CRICKET 2

12 - 16 YO

JUNIOR CRICKET 3

14 - 19 YO

- FUN & HEALTHY
- FRIENDLY, SAFE ENVIRONMENT
- NO EXPERIENCE NECESSARY
- ALL WELCOME
- ALL PLAYERS COACHED

*It's easy...
Contact your local club & you can register
for the 2018 / 2019 Summer Season!*



Proudly sponsored by



Enquiries: Nikki Tonkin - Geelong Junior Cricket Association
e. gjca.girls@gmail.com p. 0401 084 545



Dom McGlinchey - Cricket Victoria
e. dmglinchey@cricketvictoria.com.au
p. 0409 018 096

Your local club details:

The Highton Cricket Club (Reynolds Rd Belmont) would like to invite new and previous participants to sign up for one of the stages outlined in the Junior Cricket Pathway Program for this coming cricket season.



*The Junior Cricket Pathway Program is a new and exciting venture that caters for a number of age groups and abilities. This pathway includes a staged approach to help kids develop the required skills in a fun and action packed way. The stages have been developed based on research, testing and community feedback and are considerate of the physical, mental and emotional development of kids. A key principle of the Junior Cricket Pathway is to encourage players to participate at the stage that is appropriate to their ability level and therefore the ages outlined are indicative only and could vary from males and females based on previous experience.**

The Highton Cricket wishes to invite any interested participants to sign up to one of these programs (Junior Blast, U11, U13, U15, U17) via our online membership application website. You can find this at: highton.cricket/rego

Alternatively our club will be hosting a **Junior Cricket Sign On** evening at the club (McDonald Reserve, Belmont) on **Friday 24th August 2018** commencing at 4:30pm - 6:30pm where you can sign up or seek further clarification on these exciting new programs.

If you have any questions please feel free to contact our Junior Cricket Coordinator Terry Wise at admin@hightoncc.com or terry.wise@csiro.au. We look forward to welcoming you to our club.



Would your child like assistance in
achieving life goals?

Aspect Choose & Connect Barwon Geelong is a service for people of all ages on the autism spectrum, specialising in tailored planning and opportunities to help achieve life goals. Including social groups, independent living skills, our staff provide support and guidance along the way.

We can:

- Facilitate involvement in social groups and individual interests such as arts, media and other recreational participation
- Work alongside participants and their families at moments of key transitions such as leaving or changing school and further education
- Work with individuals, families and other organisations to implement positive behaviour strategies
- Provide respite
- Develop essential independent living skills with those who want to live as independently as possible
- Improve skills and knowledge in the use of assistive technology in day to day life

To find out more please contact Michelle 0404 075 311 or mvahlmeyer@autismspectrum.org.au

2019 School Based Traineeships on offer

	Pathways Education & Training			
	Contact Name:	Stuart Ferguson	Phone:	0408 102 849
	Contact Name:	Teha-May Campbell	Phone:	0408 884 784
	CHC30213 Cert III Education Support HLT33015 Cert III Allied Health Assistance CHC30113 Cert III Early Childhood Education and Care		SIS31015 Cert III Aquatics and Community Recreation SIS30315 Cert III Fitness	

	Victorian Group Training Co Ltd			
	Contact Name:	Ashlee Gappa	Phone:	0438 350 267
	Contact Name:	Andrew McCarthy	Phone:	0407 682 653
	Contact Name:	Lochlan Veale	Phone:	0447 884 413
	SIT30616 Cert III Hospitality AHC30716 Cert III Horticulture CHC30113 Cert III Early Childhood Education and Care CUA31015 Cert III Screen & Media CHC30213 Cert III Education Support		CHC33015 Cert III Individual Support (Ageing & HACC) SIT30616 Cert III Hospitality BSB30115 Cert III Business CHC32015 Cert III Community Services	

	G Force Employment Solutions			
	Contact Name:	Tracey Fulmer	Phone:	0419 539 270
	Contact Name:	Louise Goodwin	Phone:	0409 431 854
	SIT31016 Cert III Patisserie ACM30417 Cert III Companion Animal Services		CHC32015 Cert III Community Services HLT33115 Cert III Health Services Assistance	

	Lightmare Studios			
	Contact Name:	Mikael Berg	Phone:	0421 004 200
	CUA31015 Cert III Screen and Media - specialising in Game Design, Semester 1 2019 Program			

 <p>TOID: 5819 Training is delivered with Victorian and Commonwealth Government funding to eligible individuals. Geelong Ethnic Communities Council Inc, trading as Diversitat.</p>	Diversitat Training			
	Contact Name:	Markos Whitmore	Phone:	5246 9600
	CHC32015- Certificate III in Community Services CUA31015- Certificate III in Screen and Media AHC30716- Certificate III in Horticulture		CHC33015- Certificate III in Individual Support (Disability) SIT30616- Certificate III in Hospitality	

 <p>RTOID: 22130</p>	Saddle On			
	Contact Name:	Katrina Hore	Phone:	0412 773 411
	SIS30713 Cert III Sport Coaching – Equine Focus			

	The Service Crew			
	Contact Name:	Boris Duka	Phone:	0406 685 517
	Contact Name:	Holly Ryder	Phone:	0407 468 585
	SIT30616 Cert III Hospitality			

Interested students please contact Mr Darren Lynch, ph. 5243 5355.

YEAR 8 WRITING

The following are some examples of the writing that Year 8 students are doing in class.

Do dragons exist?

To answer this question. Yes. Yes, dragons do exist. Dragons live in the minds of the young hearted. Dragons roam through the forests of your mind. Dragons visit you in dreams, and fly through the sky with their incredible wings. Dragons create a safe place in a child's mind to shield them from the real world, before grownups destroy it. Dragons belong to a world where impossible is not in the vocabulary. Dragons are real. You just need to open your mind and believe. That's how you see them.

At the IODS (International Institute of Dragons Studies), Dr. Naitsabes Htrowsgnilloh, has some compelling reasons as to why dragons do exist. Here he verbally expresses: "my countless years of research, has led me to one conclusion. Dragons subsist. I have travelled the world, with this organization, endeavoring to unearth the truth about dragons. Afore we get into that, here is a brief version, of what is the astronomically immense diverse history of dragons. It is not yet clear where the dragons originated, one of the earliest form of dragons is in archaic Greece, here described as flying serpents. Dragons were an astronomically immense part of Chinese history, still being a paramount part of the culture today. Much later when Christianity commenced to spread across the world, dragons had become to be visually perceived as maleficent beings, associated with Satan. These are only a few inchoation's of dragons. So if so many people believed in them so long ago, why not today? My research has taken me across the world, probing for evidence and traces of dragons. Though we were unable to directly view one ourselves, our night vision cameras, were able to view exhilarating and compelling photographs of a beast. We had this photo sent to the IAS (international animal society) and they were unable to identify the animal in the photo. We have compared this evidence to multiple other viewing, having it only to be almost identical." This conclusion is a huge step towards uncovering the truth.

Our organization conducted a survey on 1500 people from all around the world from ages 3 to 80 years of age and split them into age groups. Studies show that 82.1% of middle aged people confess to have believed in dragons as a child. 17.9% of middle aged people state that they have never believed in dragons, at all in their lifetime. 15% of middle aged people still believe dragons exist. 87% of children under the age of 5 believe dragons exist. 6% of children have claimed to have viewed a dragon once in their lifetime. 54.3% of people aged over 50 have confessed to have believed in dragons at some time in their life. So the real question is, if so many people believed in dragons as children, what makes them think otherwise today? We dug further into this question to find an answer. With our high tech psychological software, we were able to discover that mostly children see dragons, and other "childish" beings, because their brains are susceptible to seeing dragons, as their mind is open to the possibility that they are real. Adults are less likely to see them, as their brains have learnt to shut out these beings, mistaking them for dreams, imaginary friends or lies told by parents. This information proves that dragons are real, you just have to be open to the magic, and their existence, instead of shutting out the truth. From our findings, we are able to conclude that dragons are not an uncommon belief, in fact to any age or race.

Dragons are real, and if you still can't believe me, believe this. I've seen one. It was when I was 7 years old, I was in my family home on a cold night. My bedroom was in the attic. Wind blew through the house and shuddered the floorboards. I was trying to sleep but the howling wind outside thundered in my mind, and scary thoughts flooded through my mind and frightened me. My eyes flickered around the room searching for something to take my mind off the fears in my mind. My heart started thundering as I noticed something moving in the corner. Time froze. The howling stopped and everything went quiet. Except for the thing in the corner. It came closer, its body was big, large sail-like shapes were folded at its side. As it approached, I became less threatened by it, the soft look in its eyes seemed to slow my heart rate, it's wings wrapped around me shielding me from the darkness of my room. It made me feel safe. The soft body warmed me, it didn't talk but it seemed to tell me everything would be alright. The next thing I remember was waking up the next day. I didn't know if what I saw was in my head or real life. But I knew a dragon visited me that night, and it made me feel better when I was afraid.

How do you feel about dragons now? If you still can't believe, I feel sorry for you. Your mind is too dull and grey, that you can't find the dragons. I want you to search deep down into your soul, so maybe you can finally see the truth. You too can see a dragon. Open your mind. Let yourself go. Stop worrying about what others think. Let the dragons in. they are there, waiting for you to open up and invite the possibilities in, and finally realize, the impossible might be possible after all.

Sebastian Hollingsworth, 8G

Dragons are real

For this piece of writing you are going to have to do something dangerous, you are going to have to trust me. And give my piece a chance. You may think dragons aren't real but the simple fact is, your wrong. They live all around us. In books. Where we have banished them after it got too hard to see them in our everyday life. We trapped them. Locked them up in a hypothetical prison because it suited our lives better. But they are real. When we open a book with a dragon inside they enchant our lives and for the time that book is open they get to live. They get to be themselves and show us what we are missing. They are as real as you and I but for some reason we have lost the part of us that can believe in them.

As stated in the multitude of articles published by Fantasy Inc, focusing on the ones by Professor Odom, clearly state the existence of dragons, with reliable evidence. Quoting straight from the article, "The evidence is all there. Out of the thirty thousand people we surveyed anyone who had read a single book that contained a dragon stated their existence. Anyone who hadn't, immediately denied their existence with great certainty. The simple facts don't lie, it's right there in front of you. So why don't you believe it? Professor Odom has a way. A way to bring them back. A way for them to coexist in the same world as us. It takes believers, you need to wish them out of the books and truly believe in them. Again quoting strait from Professor Odom "We have tried this technique and it works but there are just not enough people who truly believe and that's hurting our chances." So what's your problem with a little fantasy? Why is it so hard to believe?

The data to support this is undeniable. You have variety of statistics all pointing at the one conclusion. That dragons exist. Research has shown that 100% of the forty thousand people surveyed believed in dragons as children. But as they got older 54% lost that belief and only regained it once they read some of their childhood books. Over twenty thousand dragon sightings occur worldwide every year. Only 0.7% are found as hoaxes and 95% are confirmed. With scientific proof using motion sensing cameras as well as geothermal cameras to support these confirmations. The most famous sighting was by a man named Theo, he discovered the first and most famous book containing dragons and released over 100 of them into our world. He documented his findings in his now famous book titled 'Dragons in the real world.'

When I was 6 years old, I was reading one of my favourite books. I didn't know at the time but this book contained a dragon.

As the clock chimed 4, a colossal figured burst from the pages of my book. As a golden lights twisted around me I remember a feeling that can only be described as magic. Before me stood the most magnificent creature I had ever seen. The scales rolled majestically down his back like water flowing from a waterfall. An unearthly golden glow radiated from his every being. His eyes were like 2 black pools that you could lose yourself in. He looked at me with a knowing stare, pleading with every fiber of his being for me to stay calm. But his presence placed a calming aura throughout the room and I felt free. That magic is still with me today, it helped shaped me into the person I am today. That magic he produced should be shared with the world. I believe that's why he showed himself to me that day. To trust me with his life. He placed trust in me, a trust to help him. To spread this message with the world and make people believe. This is a magic that knows no evil. It knows no corruption. These creatures are some of the purest living on this earth and we treat them like monsters. Why? What joy does believing not believing in something so beautiful give you?

My heart goes out to you. The person reading this and not having the strength to believe. To believe in the unbelievable. The proof is all there. Right in front of you. The stories of magic and the evidence to support them. These creatures are amazing and can do us no harm. They correct the hatred and negativity of this world and you can't bring yourself to believe. But that's your loss. Your malicious thoughts are destroying their world. And in turn the world we are trying to create. These creatures are the hope for this world. The light at the end of the tunnel. Their destruction is caused by you. The conformed sheep of society. If you just lived a little. Took a chance. Did something crazy. Imagine the world we could create. So I will only leave you with this. Imagine a world with no colour. Where no unique thoughts exist and we are all ruled by one brain. That is the world you will live in; if you don't believe in dragons.

Emma Anderson, 8N



My Health Record

Keeping track of your health information – securely in one place

My Health Record is a secure online summary of your health information. You can control what goes into it and restrict who is allowed to access it. You can choose to share your health information with your doctors, hospitals and other healthcare providers.

- By the end of 2018, every Australian with a Medicare card will have an online My Health Record, unless they actively choose to opt out. An opt-out period runs from July 16 to October 15, 2018.
- Your My Health Record covers relevant information from your GP; specialists; hospitals; pathology and imaging providers; pharmacists and aged care providers.
- There are strict rules and regulations on who can see or use your My Health Record to protect your health information from misuse or loss.
- You also have the choice to list any allergies, adverse reactions and medical conditions you may have to help healthcare providers offer better advice and treatment.

You can apply to register a child under 18 years of age for a My Health Record where you have parental responsibility for them.

If you are registering a child listed on your Medicare card, you can register online using your myGov.gov.au account. Sign in to myGov and select 'Access or create a My Health Record for someone else'. Before you do this, you need to create your own My Health Record.

If you are unable to register online, your GP or another healthcare provider may be able to help you complete the registration. Alternatively, call the My Health Record helpline on 1800 723 471.



To register for or find out more about My Health Record
Go to www.myhealthrecord.gov.au
Call 1800 723 471 (call charges apply from mobile phones)



Could \$500 help you with high-school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.



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specialist subjects



uniforms & shoes



books & supplies



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camps & excursions

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your local Saver Plus
Coordinator

Phone

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Email

AVernon@bethany.org.au

Web

www.saverplus.org.au

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.

bethany
community support

saverplus

Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Gary Street, The Benevolent Society and The Smith Family and other local community agencies including Bethany. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.saverplus.org.au for more information.